

Hydesville Tower School Lunch Service

week 3

Weeks Commencing Week 3

	MONDAY	MEATFREE TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Dish	BBQ chicken pizza	Macaroni cheese	Roast pork lion	Pork sausages	Southern Fried Chicken
Halal Main Dish	Spiced halal chicken Pizza		Roasted Halal Turkey	Halal chicken sausages	Fish fingers
Kitchen Garden	Margherita pizza	Tomato pasta	Vegan roll	vegan sausages	Grilled halloumi
Kitchen Garden	Hot one - Veggie pizza Pizza bagel	Sweet potato, butter bean crumble	Sweet potato & chickpea roast	vegan sausages	Cornish Vegetable pasty
Sides	Potato wedges Baton Carrots Sweetcorn Baked beans	Roasted peppers Buttered leeks Sweetcorn paprika oil	Roast Potatoes Cauliflower & white cabbage Green beans & sugar snaps Gravy	Mash potato Sweetcorn Garden peas Onion gravy Yorkshire pudding	skin on fires Garden Peas Carrot with chilli oil Coleslaw
Omega 3 Boost 	Free Range Egg Mayo	Jumping Bean Salad	Savoy Cabbage	Plum Tomato Basil & Red Onion	Tuna Mayo
Jacket potatoes	Grated cheese Baked beans Tuna mayonnaise	Grated cheese Baked beans	Grated cheese Baked beans Tuna mayonnaise	Grated cheese Baked beans Tuna mayonnaise	Grated cheese Baked beans Tuna mayonnaise
Salads	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Deli bar	Cheese Sandwich Ham Sandwich	Cheese sandwich	Cheese sandwich Ham sandwich	Cheese sandwich Ham sandwich	Cheese sandwich Ham sandwich
Dessert	Fresh fruit Jelly Baked cookies Vegan Chocolate Brownie Cheesecake Pots	Fresh fruit Jelly Mars bar muffins Carrot cake Strawberry mousse	Fresh fruit Jelly Sticky toffee pudding Cheesecake Pots Rocky road	Fresh fruit Jelly Chocolate rice pudding Banana loaf Coconut, passion panna cotta	Fresh fruit Jelly Strawberry swirl sponge Lemon posset Chocolate caramel shortcake

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