





## **YEAR 4-6**

- Baking different cakes and biscuits following short and simple recipes with a summer theme
- Competing for winning 'Baker of the week'

**Pupils will be given the list of ingredients needed the week before the session**

**Teacher: Mrs Kenton & Miss Crump**



## **Course overview:**

Playing cards club promotes cognitive development, social skills and emotional growth.

Playing card games can enhance memory, problem-solving abilities and strategic thinking.

Learn to anticipate moves and plan ahead.

Learn winning and losing gracefully!

**Teacher: Mrs Williams**





### **Course overview:**

- ⇒ Archery is a sport that involves shooting a bow
- ⇒ Learn the basic skills you need to shoot your perfect arrow
- ⇒ Pupils will work on the quality of their shots improving: stance, grip, place of arrow, aiming and drawing and more importantly the release

**Teacher: Miss Fairbrother**



### **YEAR 5-6**

#### **Course overview**

TAG rugby is a fun, fast-paced, non-contact form of rugby that is easy and safe to play by boys and girls of any age and size.

It is excellent for developing coordination, teamwork, determination and physical ability.

We will also be entering TAG rugby competitions against local schools. Come along and play with pride for Hydesville Tower!

**Equipment:** PE Kit

**Location:** School Astro

**Teacher: Mr Burnham**

# ART



## TOTES BAGS

### Course overview

- ⇒ Pupils will have the opportunity to decorate a large paper parasol ready for the long summer days ahead.
- ⇒ You will be given lots of ideas before getting to work on your own design and then transferring those ideas onto the parasol.

**Teacher: Mrs Rees**



# Mindfulness



### Course overview

Have time for mindful colouring, quiet crafts and jigsaw puzzles. Explore different types of calming music and read stories.

In the Mindfulness sessions you will learn about:

- ⇒ Strategies to stay calm and handle worries and stresses.
- ⇒ Activities you can do to help you to relax and stay calm.
- ⇒ Activities that will increase attention and focus, e.g. crafts and jigsaw puzzles.
- ⇒ Journalling to explore your thoughts and feelings.

We will experience different forms of mindfulness to allow you to practise these at home.

These may include:

***Meditation, Mindfulness Colouring, Jigsaw puzzles, Relaxing crafts, Journalling.***

**Teacher: Mrs Majithia**

*Singing Together*



**YOUNG VOICES**

**Sign up on Cognita connect and this will be your enrichment option**



### **Course overview**

Pupils will be introduced to the scientific concepts associated with simple machines – Levers, Pulleys, Wheel & Axles, Inclined Planes, Gears, Wedges, Screws.

Pupils will use the K'NEX to create models and learn new skills such as:

- Understand how structures are made
- How to change and improve design of models
- Impact of materials on the robustness of structures Velocity and movement of vehicles



**Teacher: Miss Wood**



